I- Preparing Your First Landing:

- 1. <u>INFORMATION SOURCES</u>
- 2. WHERE TO STAY
- 3. WHAT TO TAKE WITH YOU TO CANADA
- 4. MONEY
- 5. DOCUMENTS YOU SHOULD BRING WITH YOU

II- Just Landed:

- 1. WHAT TO DO NEXT? (WELCOME TO CANADA CHECKLIST)
- 2. GETTING TO KNOW YOUR NEW CITY ABOUT ONTARIO
- 3. FINDING HELP
- 4. DRIVER'S LICENSE
- 5. LEARNING ENGLISH
- 6. APPLY FOR SIN (SOCIAL INSURANCE NUMBER)

III - Everything about Housing:

- 1. FINDING A PLACE TO LIVE
- 2. HOUSING OPTIONS
- 3. HOUSING RESOURCES
- 4. DOCUMENTS AND APPLICATIONS
- 5. LEASE

IV - TRANSPORTATION

- 1. Driving
- 2. Getting around by public transit
- 3. Travel Local and International
- 4. Taxi Rent a Car
- 5. Walking and road rules
- 6. Moving International and Local Movers

V - Health Care in Canada

- 1. APPLYING FOR OHIP
- 2. FINDING A FAMILY DOCTOR
- 3. **DENTIST**
- 4. MEDICAL EMERGENCIES
- 5. HELP IN A CRISIS
- 6. TeleHealth Ontario
- 7. Medication or Prescription